

MO FOCUS

PARTNERSHIP FOR A 

**TOTAL**  
FITNESSREVOLUTION



# 2nd Annual Healthy Campus Week at

## September 23-29, 2019

#

**/23**

HCW Kickoff Rally  
(NCPC Atrium @ 12:30 pm)

GetFit MSM Workout  
(Fitness Ctr. @ 5:00 pm)

**/24**

Wellness Scavenger Hunt  
(NCPC Atrium @ 12:30 pm)

Instant Recess Flash Mobs  
(@ 2:00 pm)

**/25**

Release & Relax Stations  
(all day)

GetFit MSM Workout  
(Fitness Ctr @ 5:00 pm)

**/26**

The Biggest Recess Challenge  
(NCPC Atrium @ 1:00 pm)

**/27**

Fruit & Veggie Friday Social  
Media Challenge  
(#HealthyCampus on all posts)

**/28**

MSM @ Total Fitness  
Revolution  
(@ 9:00 am)

**/29**

Atlanta Streets Alive  
Southwest  
(@ 2:30 pm)

**/30**

Turn in HCW Passports  
HCW Grand Champion Prize  
Raffle  
(@ 12:30 pm)